

# Alcoholics Anonymous Hong Kong Convention 2023

## P R O G R A M

DATE: 3RD NOVEMBER (FRIDAY)

VENUE: 12 BORRETT ROAD

Time	Main Room	Small Room
17:00-17:30		Registration Starts
17:30-18:30	Women's meeting	Men's Meeting
18:30-18:45	Pizza Break	
18:45-19:45	<p><b>Friday Speaker- Nancy S.</b> Nancy was born and raised in the Philippines. She moved to US in 1977, and that is where things took off in a bad way with her drinking. Since getting sober in 1998, she has pieced back together her broken life and continues to be of service inside and outside of A.A. in gratitude for her sobriety.</p>	
19:45-20:00	Pizza Break	
20:00-21:00	Opening Meeting of "AA Unity"	AI-Anon Meeting

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## P R O G R A M

DATE: 4TH NOVEMBER (SATURDAY)

VENUE: AMO, TST

Time	Room 1	Room 2
8:30-9:00	<b>Experience, Strength &amp; Hope from LA. (Zoom Speaker)</b> Opening speakers: Marilyn R. & Odat E.	
10:00 -11:00	<b>"A Vision of the Whole - AA Unity"</b>	<b>Al-Anon Meeting</b>
11:15 -12:15	<b>Al-Anon - Linda K. (Zoom Speaker)</b> Linda got sober in 1994, but at 7 years of sobriety, with a marriage in shambles, she took a suggestion to go to Al-Anon and has never looked back. While AA provided her with physical sobriety, Al-Anon gave her emotional and spiritual sobriety. Linda is active in both programs, and honored to be asked to share her Al-Anon journey with you.	
12:15 -13:15	Break	Break
13:30-14:30	<b>Being Chinese in AA - Panel Discussion</b>	
14:45-15:45	<b>Workshop: Our Primary Purpose</b> - Sheli & Ron	<b>LGBT - Meeting</b>
16:00 -17:00	<b>Main Speaker - Doug G. (Fujisawa, Japan)</b> Sober since 3 Oct 1987, Doug moved to Japan from California 5 years ago. If there's a service position, he's probably held it (well...still not trusted to make decent coffee!). He currently serves on Japan's GSB as International Delegate (2020-2024), and is Chair for the 2025 AOSM in Singapore. Doug will be sharing his journey from a New Jersey drunk to a life service and unity in Fujisawa, and throughout Asia.	
17:15 - 18:15	<b>Preservation of the Fellowship Post Covid Panel</b>	<b>Cantonese Meeting</b>

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## P R O G R A M

DATE: 5TH NOVEMBER (SUNDAY)

VENUE: YUNG SHUE WAN, LAMMA ISLAND

Time	Event	Location
9:30-10:00	Ferry to Yung Shue Wan	Central Ferry Pier 4, RIGHT SIDE
10:30-11:30	Gratitude Meeting	Sunset Beach
11:30-12:00	Walk to Pineapple Garden	(Note: there will be a relatively easy walk option, and a scenic but steeper jungle hike option)
12:00 -13:30	Family Style Lunch	Pineapple Garden
13:00-14:00	Move & Meditate	Pineapple Garden
14:00-16:00	Games	(Note: there will be a relaxed option at Pineapple Garden and a more vigorous beach option)
16:00-17:00	Final Meeting	Pineapple Garden
17:00-17:30	Walk to the beach	
17:30-18:30	Bonfire & Singing	Power Station Beach
18:30-18:45	Closing	Power Station Beach
19:00-19:30	Walk to Yung Shue Wan Village	
19:30-20:00	Ferry to Central	(Note: Or have dinner in the village)